

Massage Collection

Reflexology:
45 min Massage **R680.00**
A gentle pressure on specific points along your feet to help ease stress & helps your body to function better

Swedish:
60 min Massage **R895.00**
90 min Massage **R1090.00**
Concentrates on the uppermost layer of muscles and aims to relieve muscle tension.

Aromatherapy:
60 min Massage **R990.00**
90 min Massage **R1220.00**
Specifically blended essential oils for problem areas & to enhance the benefits of the massage.

Hot Stone:
60 min Massage **R1100.00**
90 min Massage **R1300.00**
Heated stones are used to help relax tired muscles.

Candle:
60 min Massage **R1140.00**
90 min Massage **R1320.00**
Designed to target all the senses, packed with essential oils, and natural fragrances using warm, melted wax which is applied to relax the body and soul.

Lavashell:
60 min Massage **R1170.00**
90 min Massage **R1350.00**
Deeply relaxing, eliminates fatigue & stress, nourishes vitality & helps remove accumulated residues and toxins.

CBD Sports:
60 min Massage **R1180.00**
90 min Massage **R1380.00**
Releases chronic tension in muscles that lie far below the body's surface.

Himalayan Signature:
90 min Massage **R1400.00**
Unique combination of aromatherapy, himalayan salt stones & facial massage.

Mother-to-be:
45 min Head, Neck & Shoulder Massage **R750.00**
75 min Full Body Massage **R1150.00**
Gentle & soothing massage tailored specifically for the mother-to-be.

Body Treatments:
30 min Skin Glow Body Exfoliation **R490.00**
75 min Body Glow Wrap **R990.00**
75 min Babor Detoxifying Algae Wrap **R1450.00**
60 min QMS Anti-Cellulite Contouring **R1300.00**

Hair Removal

Lip / Chin / Brow **R190.00**
Underarms / Sides of Face **R210.00**
Full Face **R420.00**
Standard Bikini / Half Arm **R380.00**
Half Leg / Full Arm / Half Chest **R380.00**
3/4 Leg **R420.00**
Full Leg **R460.00**
Brazilian **R450.00**
Hollywood **R520.00**
Back / Chest **R500.00**

We offer a complete range of waxing services. Please consult with your therapist to identify your specific needs and desired results.

Hydro Therapy

30 min Rasul Treatment (per person) **R490.00**
30 min Couples Rasul Treatment (per couple) **R900.00**
45 min Private Hot Tub (per person) **R420.00**
45 min Couples Private Hot Tub (per couple) **R720.00**

Hand & Foot Collection

60 min Houghton Luxury Manicure **R520.00**
60 min Houghton Luxury Manicure with Gel **R590.00**
60 min Luxury Footlogix Pedicure **R600.00**
60 min Luxury Footlogix Pedicure with Gel **R690.00**
90 Min Signature Manicure **R640.00**
90 Min Signature Manicure with Gel **R710.00**
90 Min Indulgent Pedicure **R720.00**
90 Min Indulgent Pedicure with Gel **R780.00**
Gel Application Only **R350.00**
Gel Soak Off Only **R100.00**
Acrylic Soak Off Only **R160.00**
Add on: Summer Heel Foot Treatment **R300.00**

Operating Hours:
Mon - Sun 09:00 - 20:00

No under 18's permitted
Complimentary spa facilities with every treatment booked to the value of R1000 or more.



HOUGHTON SPA
Discover Serenity



Contact us:

info@houghtonspa.com

011 032 5555

www.houghtonspa.com

Lloys Ellis Avenue, Lower Houghton

www.houghtonspa.com

BABOR Facials:

60 min Signature Skinovage Facial

A SKINOVAGE treatment based on restoring skin health. The moisturising treatment delivers intensive long lasting hydration to the skin.

R 990.00

60 min Dr Babor Pro Peel

Assists with all skin conditions by adding precise science driven formulations of active ingredients to intensively resurface the skin from the inside out without causing inflammation.

R1320.00

90 min Lift Fusion Anti-Ageing Facial

A luxurious anti-wrinkle expert facial consisting of rich textures that well absorbed into the skin to target fine lines and wrinkles, redefine facial contours and relax facial muscles for the ultimate skin indulging experience.

R2100.00

90 min Refine Cellular Facial

Reduces all skin imperfections and visibly resurface the skin, refining enlarged pores, evening our skin discolouration and reducing inflammation with an intense anti-oxidant complex.

R2220.00

90 min Dr Babor Brightening Facial

Targets pigmentation, skin discolouration, inflammation and dullness using high performance active ingredients.

R2650.00

90 min Dr Babor Retinol Renewal Facial

Babor's newest addition to its biomedical skincare range . Perfect for even skin, less pigmentation marks & visibly smoother skin.

R1600.00

QMS Facials

60 min Sensitive Skin Repair Facial

Clears impurities, calms inflammation, and regenerates the basic functions of the skin.

R890.00

60 min Purifying Mens Facial

Refines the pores, eliminates impurities and hydrates the skin with its combination of advanced products.

R980.00

90 min SK Alpha Revitalizing Facial

Detoxifies the skin and focuses on stimulating the microcirculation using a unique thermal-active revitalising mask, this results in an instant boost to the complexion.

R1120.00

90 min Collagen Renewal Facial

Wellbeing treatment and QMS signature 70% natural soluble collagens. Skin is left firmer with more volume; fine lines are reduced, and texture is improved.

R1400.00

75 min Oxygen Recharge Facial

Promotes cell renewal with 95% pure oxygen. Breathes new life into the skin, with advanced techniques developed to stimulate skin cell regeneration on a deeper level.

R1200.00

Packages:

90 min Splendor Package

30 min Babor Booster Facial
30 min Back, Neck & Shoulder Massage
30 min Express Mani/Pedi

R1 250.00
(per person)

90 min Decadence Package

30 min Rasul Treatment
60 min Swedish Massage

R1 350.00
(per person)

2 hour Body Bliss Package

75 min Body Glow Wrap
60 min Aromatherapy Massage

R1 850.00
(per person)

3 hour Classic Comfort Package

60 min Classic Facial
60 min Swedish Massage
60 min Houghton Luxury Mani or Pedi

R2 400.00
(per person)

2,5 hour Mother to Be Package

30 min Babor Booster Facial
75 min Mother to Be Massage
30 min Express Mani or Pedi

R1 820.00
(per person)

3.5 hour Signature Package

30 min Rasul Treatment
90 min Signature Massage
90 min Signature Mani or Pedi

R2 420.00
(per person)

4.5 hour Extravagance Package

90 min Lift Infusion Anti-Ageing Facial
60 min Aromatherapy Massage
120min Houghton Luxury Mani & Pedi

R3 800.00
(per person)

90 mins Couples Ceremony

30 min Rasul Treatment
60 min Aromatherapy Massage

R2 990.00
(per couple)

2.5 hour Opulence Couples Package

30 min Private time in Hot Tub
30 min Rasul Treatment
60 min Aromatherapy Massage
30 min Lift infusion Booster Facial
Bottle of Bubbly | Couples Suite

R4 200.00
(per couple)

Facial Add-Ons

QMS Facial Enhancements

15 min Oxygen Boost	R 350.00
Advanced Eye Lift Mask	R 370.00
Pigment Guard Neck Renewal Treatment (with o2)	R 500.00
Neck Tightening Treatment	R 300.00
15 min Active Hydrate Mask	R 300.00

BABOR Facial Enhancements

HSR Anti-wrinkle Sheet Mask	R 300.00
Babor Ampule Concentrates	R 190.00
Silver Foil Sheet Mask	R 350.00
Pro Lift Effect Mask	R 350.00
Firming Algae Peel off Mask	R 440.00
30 min Dermaplaning (add on only)	R 450.00

Treatment Add-Ons

30 min Back, Neck & Shoulder Massage	R 590.00
45 min Back, Neck & Shoulder Massage	R 730.00
30 min Foot Massage	R 590.00
30 min BABOR Booster Facial	R 490.00
30 min BABOR lift Infusion Express Facial	R 650.00
30 min QMS Educational Facial	R 650.00

Complimentary Facilities:

- Sauna
- Steamroom
- Outdoor Zen Pool
- Indoor Heated Pool

For use of the spa facilities only, with no additional treatments, a surcharge of R550.00 will apply.