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Hand and Foot Collections	
Luxury Footlogix Manicure	R500.00
Luxury Footlogix Manicure with Gel Polish	R570.00
Luxury Footlogix Pedicure	R580.00
Luxury Footlogix Pedicure with Gel Polish	R650.00
90 Min Indulgent Manicure	R590.00
90 Min Indulgent Manicure with Gel Polish	R660.00
90 Min Indulgent Pedicure	R670.00
90 Min Indulgent Pedicure with Gel Polish	R740.00
Gel Application Only	R330.00
Gel Soak Off Only	R160.00
Summer Heel Foot Treatment - Add On	R250.00
Rasual Treatment	
30 min Rasual Chamber	R480.00 per person
30 min Basual for 2	R800.00 per couple
45 min private hot tub	R650.00 per couple
45 min private hot tub	R400.00 per person
140 min private not do	11400.00 pc/ poisor1
Packages	
Splendor Package (90min)	R1150.00 per person
30 min Babor Booster Facial	
30 min Back, Neck & Shoulder Massage	
30 min Express Mani/Pedi	
Decadence Package (90min)	R1280.00 per person
30 min Rasual Chamber	
60 min Swedish Massage	
Body Bliss Package (2 Hours)	R1700.00 per person
75 min Body Glow Wrap	TTT GO.GO POT POTOOTT
60 min Aromatherapy Massage	
01	D0050 00
Classic Comfort Package (3 hours)	R2250.00 per person
60 min Classic Facial	
60 min Swedish Massage	
60 min Luxury Footlogix Manicure or Pedicure	
Mother to Be Package (2.5hours)	R1680.00
per person	
30 min Babor Booster Facial	
75 min Mother to Be Massage	
30 min Express Mani/Pedi	
Signature Package (3 hours) 30 min Rasual	R1950.00 per person

60 min Signature Massage

90 min Indulgent Manicure or Pedicure  Extravagance Package (4.5hours)	R3500.00 per pers
90 min HSR Facial	
60 min Aromatherapy Massage	
60min Luxury Footlogix Manicure	
60 min Luxury Footlogix Pedicure	
Couples Ceremony (1.5 hours)	R2800.00 per coup
30 min Rasual Treatment	
60 min Aromatherapy Massage	
Double Room	
Opulence Couples Package (2.5 Hours)	R3600.00 per coup
30 min Private time in Hot Tub	
30 min Rasual Treatment	
60 min Aromatherapy Massage	
30 min Lift infusion Booster Facial	
Bottle of Bubbly	
Couples Suite	
Double Room	R250.0
Hair Removal	
Waxing	
Lip / Chin / Brow 15 min	R190.0
Underarms / Sides of Face 20 min	R210.0
Full Face 20 min	R390.0
Standard Bikini / Half Arm 25 min	R320.0
Half Leg / Full Arm / Half Chest 30 min	R350.0
3/4 Leg 45min	R350.0
Full Leg 60 min	R460.0
Brazilian 30 min	R400.0
Hollywood** 30 min	R470.0
Back / Chest 45 min	R490.0
We offer a complete range of waxing services.	
Please consult with your therapist to identify your sp	pecific needs

**Operation Times** 

Mon - Sun 08:00 - 20:00 No under 18's allowed in the indoor heated pool

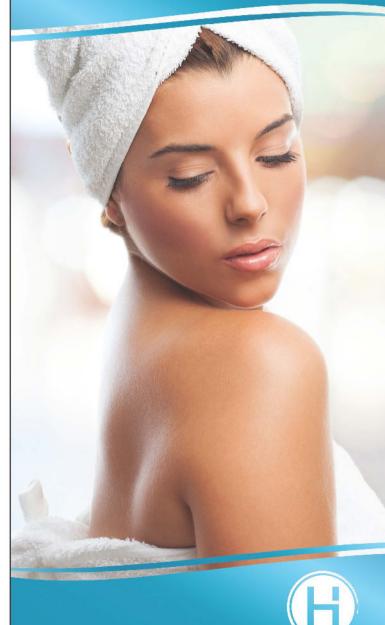
# Complimentary Spa facilities

Complimentary with every treatment booked to the value of R1000 or more. For the use of only the spa facilities with no additional treatments a surcharge of R550 will apply

- STEAM ROOM
- SAUNA
- INDOOR HEATED POOL

To enquire or make a booking, please contact us at **011 032 5555** or email us info@houghtonspa.com and reservations@houghtonspa.com

# HOUGHTON SPA Treatment List



### Massage Collections

30 min Back, Neck & Shoulder MassageR500.0045 min Back, Neck & Shoulder MassageR690.00

60 min Swedish Massage R870.00 90 min Swedish Massage R975.00

A massage that targets the uppermost layer of muscles and aims to relieve muscle tension.

60 min Aroma Massage R900.00
90 min Aroma Massage R1,120.00

A massage that adds specific blended essential oils to target problem areas and to enhance the benefits of the massage.

60 min Hotstone Massage R990.00
90 min Hotstone Massage R1,200.00

A massage that uses heated stones to help you relax and ease muscle tension

60 min Lavashell MassageR1,090.0090 min Lavashell MassageR1,250.00

This massage is deeply relaxing, eliminates fatigue and stress, nourishes vitality and helps remove accumulated residues and toxins.

60 min Thai MassageR875.0090 min Thai MassageR1,100.00

An invigorating massage that uses massage and stretching techniques to get to the deepest stress points in the muscles.

This massage is a Specialised Treatment and is subject to availability.

 60 min Deep Tissue Massage
 R970.00

 90 min Deep Tissue Massage
 R1,250.00

A massage that targets chronic tension in muscles that lie far below the body's surface.

45 min Mother to Be Back, Neck & Shoulder MassageR650.0075 min Mother to Be MassageR1,050.00

A gentle and soothing massage tailored specifically for the mother-to-be

#### **Body Treatments**

30 min Skin Glow Body Exfoliation R450.00
75 min Body Glow Wrap R950.00

## Collections of Babor Classic Facials

30 min Booster Facial R450.00

A fast and effective treatment that focuses on tangibly generating a physical firming effect leaving the skin feeling smooth and youthful.

60 min Classic Skinovage Facial

R950.00

A SKINOVAGE treatment based on restoring skin health. The moisturising treatment delivers intensive long lasting hydration to the skin. For dry and dehydrated skin

#### Advanced Facials

30 min Lift Infusion Facial B600.00

A fast and effective treatment that focuses on tangibly generating a physical firming effect leaving the skin feeling smooth and youthful.

60 min Dr Babor Pro Peel R1,250.00

A clinical grade skincare treatment to assist with all skin conditions by adding precise science driven formulations of active ingredients to intensively resurface the skin from the inside out without causing inflammation.

90 min HSR Facial R1,850.00

A Luxurious anti-wrinkles expert facial consisting of rich textures that well absorbed into the skin to targets fine lines and wrinkles, redefine facial contours and relax facial muscles for the ultimate skin indulging experience.

90 min Refine Cellular Facial R1,950.00

A clinical grade cosmeceutical solution to reduce all skin imperfections and visibly resurface the skin, refining enlarged pores, evening our skin discolouration and reducing inflammation with an intense anti-oxidant complex.

90 min Dr Babor Brightening Facial

R2,400.00

A clinical grade cosmeceutical solution that targets pigmentation, skin discolouration, inflammation and dullness using high performance active ingredients.

# Facial Enhancements Upgrades

HSR Anti-wrinkle Sheet Mask	R120.00
Babor Ampoule Concentrates	R180.00
Silver Foil Sheet Mask	R280.00
Pro Lift Effect Mask	R280.00
Firming Algae Peel off Mask	R390.00
Firming Algae Peel off Mask	R550.00
30 min Dermaplaning	R300.00

## **Body Treatments**

Collections Of Babor Body
75 min Firming Cream Wrap R1,450.00
75 min Detoxifying Algae Wrap R1,450.00
75 min In Shape Cellulite Wrap R1,450.00

## Collections of QMS Classic Facials

30 min Educational Facial R550.00

A talked through treatment for the client to learn about QMS,

how the products work on the

60 min Sensitive Skin Repair Facial R820.00

Clears impurities, calms inflammations, and regenerates the

basic functions of the skin

60 min Purifying Mens Facial R890.00

Refines the pores, eliminates impurities and hydrates the skin with its combination of advanced products.

#### Advanced Facials

30 min Collagen Rich Express Facial R650.00

This facial treatment stimulates regeneration, calms dryness and

inflammation, this treatment gives back to the skin

90 min SK Alpha Revitalizating Facial R1,050.00
Detoxifies the skin and focuses on stimulating the microcirculation

Detoxifies the skin and focuses on stimulating the microcirculation using a unique thermal-active revitalising mask, this results in an instant boost to the complexion

90 min Collagen Renewal Facial

R1,250.00

wellbeing treatment and QMS signature 70% natural soluble collagens. Skin is left firmer with more volume; fine lines are reduced, and texture is improved.

90 min Urban Repair Facial R1,350.00

This facial combines a deep pre decongestion with advanced treatment to support the detox process, accelerate epidermal regeneration and boost the metabolism.

90 min Neotissuedermie R1,500.00

Delivers a lifting and tightening massage in combination with a collagen-boosting treatment to help improve the tonicity of the jawlines, cheeks and eyebrows.

# Collections Of QMS Body Treatments

60 Min Anti-Cellulite Contouring Treatment R1,250.00
60 Min QMS Body Ritual R1,250.00