

NOVA DELI & THE H DELIVERY MENU

AVAILABLE 10AM-6PM

SALADS

- 🍷 **HALOUMI & STRAWBERRY** • Grilled haloumi, chickpeas, avo*, 85
toasted almond flakes, toasted sunflower seeds, cucumber,
greens, red onion & balsamic vinaigrette
- NEW ASIAN CHICKEN NOODLE** • Sticky grilled chicken, carrot, zucchini, 98
cucumber, spring onion, coriander, chilli, sesame seeds, rice
noodles, & ginger, sesame & soy dressing
- VILLAGE GREEK SALAD** • Cucumber, Kalamata olives, red onion, 68
tomato, feta cheese, mixed peppers, oregano, extra virgin olive
oil, red wine vinegar
- 🍷 **CHOPPED CAESAR** • Croutons, boiled egg, anchovies, Grana 75
Padano Parmesan cheese, greens & Caesar dressing
• add grilled chicken +20
- MEDITERRANEAN TUNA** • Tuna, beans, olives, red & green 98
peppers, parsley, red onion, tomato, cucumber, greens &
lemon-honey vinaigrette

SANDWICHES

ciabatta panini, white, health, rye

- NEW ZINGY CHICKEN** • Chicken schnitzel, smashed avo, pickled jalapeno, 75
greens, tomato, red onion
- PASTRAMI** • Pastrami, wholegrain mustard, pickles, & sauerkraut 75
• Add Emmenthaler cheese +20
- VEGAN PANINI** • Hummus, grilled mushrooms, roasted red pepper, 75
greens, red onion, & avo*
- SMOKED SALMON BAGEL** • Smoked salmon, cream cheese, 115
caper, rocket, cucumber, red onion

TOASTED SARMIES

choice of white, health, rye

- TUNA MAYO** 68
- CHICKEN MAYO** 68
- CHEESE** 40
- CHEESE & TOMATO** 42
- MACON, EGG & CHEESE** 68
- EGG MAYO** 38

BURGERS

served with a choice of chips or side salad

- NOVA CHEESE BURGER** • BBQ-basted beef patty, cheddar 102
cheese, onion marmalade, pickles, burger mayo, lettuce &
tomato on a freshly-baked bun with your choice of side
- CHICKEN & PEPPADEW BURGER** • Grilled basted chicken breast, 98
avo*, feta, tomato, lettuce, Peppadew pesto on a freshly-baked
bun with your choice of side
- THE CLASSIC** • BBQ-basted beef patty, pickles, red onion, lettuce & 98
tomato on a freshly-baked bun with your choice of side
- MUSHROOM BURGER** • Beef patty, mushroom sauce, Parmesan, 110
burger mayo, rocket, & tomato on a freshly-baked bun with your
choice of side

FOR ORDERS

Call: 011 032 5595 / 067 424 5218

WhatsApp Message: 067 424 5218

*We accept payment by credit cards only

PASTA

choice of rigatoni or linguini

- PRAWN** • Prawns, garlic, chilli, napoletana, Italian parsley, touch of 145
cream
- BEEF & ONION** • Beef fillet, onion, garlic, mushroom, parsley, 110
cream & parmesan
- 🍷 **CREAMY PESTO** • Basil pesto, cream, parmesan, peas 78
• Add Chicken +20
- BOLOGNESE** • Bolognese, touch of cream & parmesan 98
- 🍷 **ARRABIATTA** • Napoletana, cherry tomato, chilli, fresh basil, 70
parmesan

PIZZA

- MARGHERITA** • Napoletana, mozzarella, oregano 75
- LA MEXICANA** • Beef mince, pickled jalapeno, onion, mozzarella, 102
napoletana
- CHICKEN** • Chicken, Peppadew pesto, green peppers, avo*, 98
oregano, napoletana, mozzarella

MAINS

- SOUP OF THE DAY** • Chef's soup of the day served with toast 65
- GOLDEN ROOT SOUP (VG)** • Roasted carrots, sweet potato, 55
turmeric, ginger, coconut milk, & toast
- MUSHROOM FILLET** • 250g flame-grilled beef fillet, mushroom 180
sauce, & served with your choice of side
- AVO* CHICKEN** • Chicken breast basted in our secret sauce 110
topped with grilled onions, avo* & feta served with your choice of
side
- ROSEMARY'S CHICKEN** • Grilled chicken breasts with rosemary & 110
served with mushroom sauce & your choice of side
- PERI-PERI CHICKEN THIGHS** • Flame-grilled with your choice of 98
side
- CALAMARI** • Calamari (grilled or fried) and your choice of side 175
- FISH & CHIPS** • Grilled / fried hake, harissa aioli, & chips 110
- THAI FISHCAKES** • Hake & sweet potato fishcakes served with 98
fresh cucumber, carrot & zucchini noodles topped with fresh
chilli, coriander & sweet chilli served with salsa verde
- VEGAN COCONUT CURRY** • Sweet potato, chickpea, & spinach 88
curry with basmati rice
- 🍷 **TERIYAKI STIR FRY (VG)** • Mixed veggies, ginger, chilli & garlic 88
topped with sesame seeds, cashew nuts, coriander & rice
• add chicken +20
- 🍷 **FALAFEL BOWL (VG)** • falafel, hummus, pickle, tahina, cucumber, 92
red onion, tomato, pita
- THE CHEF'S SPECIAL OF THE DAY** SQ

SIDES +35

SAVOURY RICE, CHIPS, SIDE SALAD, ROASTED VEGGIES,
BAKED SWEET POTATO

SWEET TREATS

- CAKE SLICE** • Enquire about our flavours of the day 59
- BROWNIES** • Chocolate brownie served with vanilla ice-cream 59
- TIRAMISU** • Contains no alcohol 55
- FLAPJACK STACK** • served with maple syrup & ice-cream 55
- VEGAN BANANA BREAD** • w/ peanut butter & jam 59

*OUR KITCHEN USES NUT & SEED INGREDIENTS,
SUBSTITUTIONS MAY BE CHARGED FOR-

SUSHI

SPRINGROLLS

VEGETABLE	50
CRAB & CHEESE	68
PRAWN	68
CHICKEN	58

MAKI (8 PIECE)

SALMON / TUNA*	62
PRAWN	62
AVOCADO / CUCUMBER	52
CRAB	56

CALIFORNIA ROLL (4 PIECE)

SALMON / TUNA* / PRAWN	56
VEG	46
PRAWN TEMPURA	60
SALMON RAINBOW	72
SALMON, STRAWBERRY, AVO*	78

HAND ROLL (1 PIECE)

SALMON & AVO	68
PRAWN TEMPURA	68
VEG	52

FASHION SANDWICH (2 PIECE)

SALMON / PRAWN*	48
VEG	42

ROSES (2 PIECE)

SALMON	52
SALMON & AVO	59

SIGNATURE SUSHI

SALMON SASHIMI (3 PIECE)	78
SALMON CRISPY RICE (3 PIECE) • Salmon, spicy mayo, crispy rice, avo, chilli, sweet soy, lettuce	102
THE TOWER - 1 PIECE • Salmon, tempura prawn, prawn, avo, sesame, sushi rice, spicy mayo, sweet soy, caviar	145
CRABTASTIC ROLL - 4 PIECE • crab, avo, cucumber, cream cheese, topped with crab, mayo, sriracha, chives, sweet soy, sesame	78

BOWLS

SALMON SUSHI SALAD • Avo, cucumber, lettuce, sesame seeds, sriracha mayo	130
PRAWN SUSHI SALAD • Avo, cucumber, lettuce, kewpie mayo, sweet soya	125
PRAWN TEMPURA SUSHI SALAD • Avo, cucumber, lettuce, kewpie mayo, sweet chilli	135
SPICY SALMON POKE BOWL • Salmon, rice, nori, seven spice, spring onion, cucumber, avocado, sweet soy	135
☺ TOFU POKE BOWL • Grilled tofu, rice, nori, seven spice, spring onion, cucumber, avocado, sweet soy	125

SUSHI PLATTERS

SALMON RELOADED • 8 Salmon Rainbow 4 Salmon Fashion 2 Salmon Nigiri 2 Salmon & Avo Roses	295
PRAWN PLATTER • 8 Prawn Maki 4 prawn california 4 tempura prawn california 4 prawn fashion	260
THE VEGGIE • 4 veg california 4 veg fashion 8 avo maki	160
THE ULTIMATE HOUGHTON PLATTER • 4 salmon, strawberry & avo california 4 salmon rainbow 8 tuna maki 8 avo maki 4 tempura prawn california 4 salmon & avo roses	410

BEVERAGES

HOT

Almond / Soy +8	
AMERICANO	22
CAPPUCCINO	30
ROOIBOS CAPPUCCINO	34
NUTELLA CAPPUCCINO • Espresso, frothed milk & a dollop of Nutella	36
MOCHACCINO	34
CAFFÉ LATTE	32
ROOIBOS LATTE	36
CHAI LATTE	36
MATCHA LATTE • Green tea powder & frothed milk	36
HAZELNUT LATTE	38
CONDENSED MILK COFFEE • Condensed milk topped with strong black coffee	30
VANILLA LATTE	38
HOT CHOCOLATE	32
MILO	26

ICED DRINKS

Almond / Soy +8	
ICED ROOIBOS LATTE	36
ICED CAFFÉ LATTE	32
COFFEE FREEZO	48
CHOCOLATE FREEZO	48
FROZEN NUTELLA CAPPUCCINO	48

COLD DRINKS

FRESHLY SQUEEZED JUICE • Apple & Ginger Orange & Carrot Orange & Pineapple Apple, Mint & Spinach • Extra Ginger +12	45
FRUIT JUICE	35
TIZERS	31
BOS ICED TEA	30
SOFT DRINKS 300ML	26
LOCAL STILL & SPARKLING WATER (250ML)	24
SAN PELLEGRINO • Aranciata / Limone	45
ACQUA PANNA / SAN PELLEGRINO 750ML	75

SLUSHIES 36

CUCUMBER, APPLE, MINT | PINK LEMONADE | PINEAPPLE, JALAPENO, CUCUMBER | ROSE, CUCUMBER, LEMON | BERRY, LEMON, MINT

MILKSHAKES 45

CHOCOLATE | VANILLA | OREO | COFFEE | BUBBLEGUM UNICORN | STRAWBERRY | NUTELLA

SMOOTHIES 65

GREEN MONSTER • Avo*, spinach, pineapple, almond milk, honey	
BABALAS BUSTER • Banana, peanut butter, honey	
VEGAN BERRY • Banana, frozen berries, peanut butter, cinnamon, almond milk	
COFFEE DATE • Banana, espresso, oats, cocoa powder, honey	

PRECAUTIONARY MEASURES

- DELIVERY PERSONNEL WILL RING YOUR BELL, & PLACE YOUR DELIVERY AT THE DOOR
- THEY WILL STAND BACK AT A SAFE DISTANCE
- ALL CARD MACHINES HAVE "TAP" FACILITIES & WILL BE SANITISED BEFORE AND AFTER USE
- DELIVERY PERSONNEL WILL AT ALL TIMES CARRY SANITISERS FOR CUSTOMERS TO USE